

Patient Participation meeting is on **Tuesday 11th February from 1-2pm at the Lawson Practice.**

Present: Staff: Dr Tomlinson, Andre Hull

Patients: Premilaben Patel, Alan Bedford, Toni Adams, Filiz Gozogul,

Apologies: Alex Amartifo, Stewart Harvey Wilson

Also Invited: Comfort Talabi, Peggy Hunte, Roger Clarke

Agenda

- changes to staffing: New Physician's associates: Tina and Katiana; Barbara: Wellbeing practitioner. Leaving: Dr Byron Evans (maternity leave) Leia (nurse training)
- Prescribing of high risk drugs for chronic pain including ccodamol and other opiates, Pregabalin and gabapentin. Prescriptions are being gradually withdrawn
- Group consultations for long -term conditions: for annual reviews for Diabetes, heart disease, COPD and asthma and chronic pain
- New patient-navigation system at reception
- Tea Party: Bi-monthly on Thursday afternoons: April, June, August, October, December
- How to attract new patients?
- How to increase and improve online reviews: Care Opinion, NHS Choices, Google etc.

Suggestions from patients:

Resources for managing insomnia, e.g. sleepio/ The Effortless Sleep Method advertised in the waiting room and on the website and as a text. Invite others to share their experiences

To help recruit new patients use flyers in Hoxton and in the waiting room, perhaps modelled on the old newsletter with photos of staff as well as details about services.

The group consultations sound like a good idea – especially mentioned by patients who have experienced groups before

The tea and cake afternoons were popular and should go ahead – we've provisionally suggested April, June, August, October and December – last Thursday of the month.

Next meetings: May 12th 6pm-7pm, August 11th 1pm-2pm, November 10th 6pm-7pm