

# SCOPE

= Equality for  
disabled people

Our experienced practitioners offer tailored support to help your child to improve their sleep routine.



**“Best thing we ever did!”**

Sarah, Florence’s mum

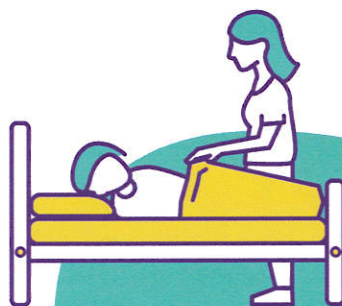
Please complete our online application form and a member of the Sleep Service team will be in touch:

[scope.org.uk/sleep-service](https://scope.org.uk/sleep-service)

# Does your child get the sleep they need?

If your child is finding it hard to sleep, then we imagine you and the rest of your family are too.

Scope's Sleep Service programme supports families with disabled children aged two to 18, who are having difficulty sleeping.



The programme includes:

- Support from a sleep practitioner over a six-week period
- A bespoke sleep plan
- Relaxed group sessions with other families.

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